



Periodicity of Dental Services for Children				
Service	0-12 mos.	13-24 mos.	2-6 yrs.	7-20 yrs.
Oral Exam	x	x	x	x
Fluoride Supplements	x	x	x	x
Fluoride Varnish	x	x	x	
Cleaning with Fluoride		x	x	x
Sealants (permanent teeth)				x
X-Rays			x	x
Oral Hygiene Instructions	x	x	x	x
Dental Treatment	x	x	x	x

What To Do For Your Child’s Smile!

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

Insurance Information

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

HMO Contact Information

HMO	Member Services Phone #	Website Address
UnitedHealthcare Community Plan (UHCCP)	1-800-941-4647	www.uhccommunityplan.com

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



*A LIST OF DENTISTS WHO CAN SEE YOUR CHILDREN UNDER AGE 6 APPEARS ON THE FOLLOWING PAGE

General Dentistry

Samuel H Botros, DDS

GREAT EXPRESSIONS DENTAL CEN
711 AVENUE C
BAYONNE, NJ 07002
(201) 437-3500

Dennis Chung, DDS

Hudson Emergency Dental And Implant
1160 Kennedy Blvd Ste B
Bayonne, NJ 07002
(201) 471-7777

Renee M Cochrane Pucciarelli, DMD

Dental Health Associates PA
1216 Kennedy Blvd
Bayonne, NJ 07002
(201) 858-3800

Paul A Dimitrey, DDS

Smiles By Paulanto
189-195 Ave E
Bayonne, NJ 07002
(201) 471-3696

Sakina Hussain, DDS

GREAT EXPRESSIONS DENTAL CEN
711 AVENUE C
BAYONNE, NJ 07002
(201) 437-3500

Enoch Kim, DDS

Dental Health Associates PA
1216 Kennedy Blvd
Bayonne, NJ 07002
(201) 858-3800

Nimitha Kumar, DDS

Dental Health Associates PA
1216 Kennedy Blvd
Bayonne, NJ 07002
(201) 858-3800

Hyuk Lee, DDS

Hudson Emergency Dental And Implant
1160 Kennedy Blvd Ste B
Bayonne, NJ 07002
(201) 471-7777

Anushka Prakash, DDS

Dental Health Associates PA
1216 Kennedy Blvd
Bayonne, NJ 07002
(201) 858-3800

Reshma D Shetty, DDS

Dentium Dental Corporation
965 Avenue C
Bayonne, NJ 07002
(201) 339-3993

Raafat G Soliman, DDS

White And Healthy Smile Center LLC
255 Broadway Apt 1L
Bayonne, NJ 07002
(201) 471-7600

Ritu Sethi, DDS

Guttenberg Family Dental
6800 Bergenline Ave
Guttenberg, NJ 07093
(201) 861-6000

Mallika Bandi, DDS

Harrison Family Dentist PA
300 Harrison Ave
Harrison, NJ 07029
(973) 241-5900

Mehgol Rana, DMD

Harrison Family Dentist PA
300 Harrison Ave
Harrison, NJ 07029
(973) 241-5900

Prasanna Saireddy, DDS

Harrison Family Dentist PA
300 Harrison Ave
Harrison, NJ 07029
(973) 241-5900

Eun Jung Lee, DDS

S&L Dental Arts LLC
801 Washington St
Hoboken, NJ 07030
(201) 683-5230

Nasrine G Ahmed, DDS

Metropolitan Family Health Network, In
935 Garfield Ave
Jersey City, NJ 07304
(201) 478-5875

Gerald A Belgrave, DDS

Horizon Health Center
115 Christopher Columbus Dr
Jersey City, NJ 07302
(201) 451-6300

Pourang Bral, DDS

Pourang Bral
901 Bergen Ave Fl 2
Jersey City, NJ 07306
(201) 222-1123

Paul S Freeman , DDS

Freeman And Freeman PC
2403 John F Kennedy Blvd # 5
Jersey City, NJ 07304
(201) 332-1664

Gertrudis A Garcia, DMD

Jersey Dental Arts PA
846 Bergen Ave
Jersey City, NJ 07306
(201) 946-1000

Diana M Hagan, DMD

Native Dental LLC
3043 John F Kennedy Blvd
Jersey City, NJ 07306
(201) 484-5483

Sushma Halthore, DMD

Grove Street Dental Care PC
175 Newark Ave Ste 2B
Jersey City, NJ 07302
(201) 200-0222

Meirrel M Hosny, DDS

Saint Mary Dental Clinic LLC
35 Journal Sq Ste 825
Jersey City, NJ 07306
(201) 239-6357

Kenneth G James, DMD

Family Cosmetic Dental Services LLC
3554 John F Kennedy Blvd
Jersey City, NJ 07307
(201) 386-8600

Richard B Karmann, DMD

VIRTUAL HEALTH DENTAL CENTEF
650 Bergen Ave
Jersey City, NJ 07304
(201) 435-2446

Ramesh Kianfar, DMD

Beacon Family Dental
8 Baldwin Ave
Jersey City, NJ 07304
(201) 918-5675

Suzana Mamo, DDS

Jersey Dental Arts PA
846 Bergen Ave
Jersey City, NJ 07306
(201) 946-1000

Victoria S Pedoeem, DDS

Victoria Pedoeem, DDS
3426 John F Kennedy Blvd
Jersey City, NJ 07307
(201) 217-9670

Kathryn Ray, DDS

Jersey Dental Arts PA
846 Bergen Ave
Jersey City, NJ 07306
(201) 946-1000

Morris Sonbolian, DDS

Jersey Dental Arts PA
846 Bergen Ave
Jersey City, NJ 07306
(201) 946-1000

Revadee Songsakphisarn, DDS

Jersey Dental Arts PA
846 Bergen Ave
Jersey City, NJ 07306
(201) 946-1000

Abraham Wenger, DMD

NORTH HUDSON COMMUNITY ACTI
324 Palisade Ave
Jersey City, NJ 07307
(201) 210-0200

Hallie A Williams, DDS

Metropolitan Family Health Network, In
935 Garfield Ave
Jersey City, NJ 07304
(201) 478-5875

Mina Youssef, DDS

Smile With Style LLC
873 Bergen Ave
Jersey City, NJ 07306
(201) 360-2385

Jae H An, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Mina A Elfar, DMD

Genuine Smiles PA
837 Kearny Ave
Kearny, NJ 07032
(201) 991-1055

Jenna R Freda, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Tiffany Gu, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Diana M Hagan, DMD

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Souha N Hanna, DDS

Souha Hanna DDS LLC
65 Kearny Ave
Kearny, NJ 07032
(201) 997-7201

Jenny H Jang, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Kayla A Jang, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Lakshmi Nathi, DDS

Angel Smiles
157 Kearny Ave
Kearny, NJ 07032
(201) 991-4321

John Vincent Quiao, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Prasanna Saireddy, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Ali A Ayoub, DDS

Master Dental Center Llp
8412 Kennedy Blvd
North Bergen, NJ 07047
(201) 758-7834

Jamil I El Samna, DDS

KENNEDY DENTAL CENTER
8407 Kennedy Blvd
North Bergen, NJ 07047
(201) 868-2747

Najia J El Samna, DDS

KENNEDY DENTAL CENTER
8407 Kennedy Blvd
North Bergen, NJ 07047
(201) 868-2747

Monali Ma, DMD

Bergen Dental Group
7601 Broadway Fl 1
North Bergen, NJ 07047
(201) 869-3107

Ghada Mubarez, DDS

KENNEDY DENTAL CENTER
8407 Kennedy Blvd
North Bergen, NJ 07047
(201) 868-2747

Magdalena K Zorawska, DMD

E M Dental LLC
7821 Bergenline Ave
North Bergen, NJ 07047
(201) 869-0030

Rashi S Gupta, DDS

Terra Dental Center
700 Plaza Dr
Secaucus, NJ 07094
(201) 325-8900

Ali A Ayoub, DDS

Advanced Dental
4111 Park Ave
Union City, NJ 07087
(551) 999-2994

Chaya P Carl, DDS

North Hudson Community Action Corp
714 31st St
Union City, NJ 07087
(201) 210-0200

Ashumi R Dave, DMD

Shaan Smiles LLC
3906 Bergenline Ave
Union City, NJ 07087
(201) 330-7600

Poonam Gat, DDS

CHILDRENS DENTAL CARE
3700 Kennedy Blvd
Union City, NJ 07087
(201) 866-3737

Robert Grunstein, DMD

Smile Central Dental Hudson County I
3196 Kennedy Blvd Ste 3
Union City, NJ 07087
(201) 325-8444

Jasmeet Khurana, DDS

Shaan Smiles LLC
3906 Bergenline Ave
Union City, NJ 07087
(201) 330-7600

Pooja Khurana, DDS

Smile Central Dental Hudson County I
3196 Kennedy Blvd Ste 3
Union City, NJ 07087
(201) 325-8444

Ismari E Labrada, DDS

DentiSmiles, LLC
2200 New York Ave
Union City, NJ 07087
(201) 863-0426

Janet Lavandeira, DDS

North Hudson Community Action Corp
714 31st St
Union City, NJ 07087
(201) 210-0200

Saima Mian, DMD

SAIMA MIAN DMD
402 36th St
Union City, NJ 07087
(201) 866-3299

Liya Mohammed, DDS

My Smile Dental
417 36th St
Union City, NJ 07087
(201) 865-9293

Ghada Mubarez, DDS

Smile Central Dental Hudson County P.
3196 Kennedy Blvd Ste 3
Union City, NJ 07087
(201) 325-8444

Juan J Munoz, DDS

Family Union Dental
2713 Bergenline Ave Ste 2
Union City, NJ 07087
(201) 865-1353

Nneka Obi, DDS

Smile Central Dental Hudson County P.
3196 Kennedy Blvd Ste 3
Union City, NJ 07087
(201) 325-8444

Mercedes Rabeiro Wert, DDS

North Hudson Community Action Corp
714 31st St
Union City, NJ 07087
(201) 210-0200

Deniz Anar Salierno, DDS

CHILDRENS DENTAL CARE
3700 Kennedy Blvd
Union City, NJ 07087
(201) 866-3737

Abhishek Sharma, DDS

Shaan Smiles LLC
3906 Bergenline Ave
Union City, NJ 07087
(201) 330-7600

Xiaoqian Ye, DDS

CHILDRENS DENTAL CARE
3700 Kennedy Blvd
Union City, NJ 07087
(201) 866-3737

Ishan A Zala, DDS

Ez Smiles Family Dental
1311 Summit Ave
Union City, NJ 07087
(201) 863-1050

Lena Khaylomsy, DDS

Tower Plaza Dentistry PC
4100 Park Ave Ste 7
Weehawken, NJ 07086
(201) 348-1616

Allison F Blech, DMD

THE SMILE CLUB
5918 Bergenline Ave Ste 201B
West New York, NJ 07093
(201) 758-7660

Forouzan Ghaffari, DMD

Dentistry For All WNY LLC
5405 Bergenline Ave
West New York, NJ 07093
(201) 223-4444

Janet Lavandeira, DDS

NORTH HUDSON COMMUNITY ACTI
5301 Broadway
West New York, NJ 07093
(201) 210-0200

Bradley S Miller, DDS

MILLER DENTAL ARTS OF WEST NE
301 60th St
West New York, NJ 07093
(201) 854-6777

Mercedes Rabeiro Wert, DDS

NORTH HUDSON COMMUNITY ACTI
5301 Broadway
West New York, NJ 07093
(201) 210-0200

Maria J Salazar, DMD

Salazar Dental LLC
6219 BERGENLINE AVE FL 2
West New York, NJ 07093
(201) 861-1007

Hamed Salhab, DDS

Dentistry For All WNY LLC
5405 Bergenline Ave
West New York, NJ 07093
(201) 223-4444

Devipriya Thirugnanasambandam, DDS

Dentistry For All WNY LLC
5405 Bergenline Ave
West New York, NJ 07093
(201) 223-4444

Abraham Wenger, DMD

NORTH HUDSON COMMUNITY ACT
5301 Broadway
West New York, NJ 07093
(201) 210-0200

Rodolfo P Wert, DDS

NORTH HUDSON COMMUNITY ACT
5301 Broadway
West New York, NJ 07093
(201) 210-0200

Pediatric Dentistry

Mahdieh Beheshti, DDS

Dental Health Associates PA
1216 Kennedy Blvd
Bayonne, NJ 07002
(201) 858-3800

Anuja Ranjitkar, DDS

GREAT EXPRESSIONS DENTAL CE
711 AVENUE C
BAYONNE, NJ 07002
(201) 437-3500

Farideh Golestani, DDS

Dentistry for Children & Adolescents L
407 Frank E Rodgers Blvd N
Harrison, NJ 07029
(973) 484-4200

Yong Jin M Chang, DDS

DENTISTRY FOR CHILDREN
35 Journal Sq Ste 601
Jersey City, NJ 07306
(201) 386-0353

Manpreet Dhillon, DDS

DENTISTRY FOR CHILDREN
35 Journal Sq Ste 601
Jersey City, NJ 07306
(201) 386-0353

Reshma S Kumar, DDS

Ocean Ave Dental LLC
165 Ocean Ave
Jersey City, NJ 07305
(551) 554-3500

Dianne Lee, DDS

DENTISTRY FOR CHILDREN
35 Journal Sq Ste 601
Jersey City, NJ 07306
(201) 386-0353

Janny Lim, DDS

DENTISTRY FOR CHILDREN
35 Journal Sq Ste 601
Jersey City, NJ 07306
(201) 386-0353

Jessica Listwa, DDS

DENTISTRY FOR CHILDREN
35 Journal Sq Ste 601
Jersey City, NJ 07306
(201) 386-0353

Wilma McPherson, DMD

Jersey City Pediatric Dentistry, LLC
139 Newark Ave
Jersey City, NJ 07302
(201) 434-3000

Dmitry Stillman, DDS

DENTISTRY FOR CHILDREN
35 Journal Sq Ste 601
Jersey City, NJ 07306
(201) 386-0353

Yasmin F Tontat, DDS

DENTISTRY FOR CHILDREN
35 Journal Sq Ste 601
Jersey City, NJ 07306
(201) 386-0353

Otto M Choi, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Arielle B Faden, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Stephanie N Karapetian, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Andrea J Kim, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Reshma S Kumar, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Brandon A McDonald, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Myung Eun Min, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Priyanka Srivastava, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Douglas C Tse, DMD

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Trina Marie Villanueva, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Alexandra N Zatorski, DDS

ABRADENTAL
242 Kearny Ave
Kearny, NJ 07032
(201) 955-2500

Meetu C Soni, DMD

Terra Dental Center
700 Plaza Dr
Secaucus, NJ 07094
(201) 325-8900

Sheila P Kaushik, DDS

CHILDRENS DENTAL CARE
3700 Kennedy Blvd
Union City, NJ 07087
(201) 866-3737

Lori Shah, DDS

Childrens Dental Care
3700 Kennedy Blvd
Union City, NJ 07087
(201) 866-3737

Lonnie B Hall, DDS

Lonnie B Hall
329 60th St
West New York, NJ 07093
(201) 868-0070

Young H Pak, DDS

THE SMILE CLUB
5918 Bergenline Ave Ste 201B
West New York, NJ 07093
(201) 758-7660