

It's important to schedule regular checkups with your child's doctor. It will help make sure your child is healthy.

What happens at checkups:

- Physical exam.
- Shots to protect against illness.
- Hearing and vision tests.
- Lead screening and other lab tests.

What the doctor will talk about:

- · How your child is growing and changing.
- Questions about your child's health.
- Visits to other doctors if special problems are found.
- ✓ FACT Checkups will help you know if your child is growing and developing as he or she should be.
- ✓ FACT The doctor will answer your questions about your child's health and talk about anything that's worrying you.
- ✓ FACT Babies should follow the checkup schedule (right) to keep on track for important shots.
- ✓ FACT Regular checkups are important for kids of all ages.

Follow the Checkup Schedule.



Member Services **1-866-270-5785, TTY 711,** Monday to Friday, 7 a.m. to 7 p.m.



UHCCommunityPlan.com myuhc.com/CommunityPlan



© 2019 United HealthCare Services, Inc. All rights reserved. 956-CST20509E 1/19

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities.

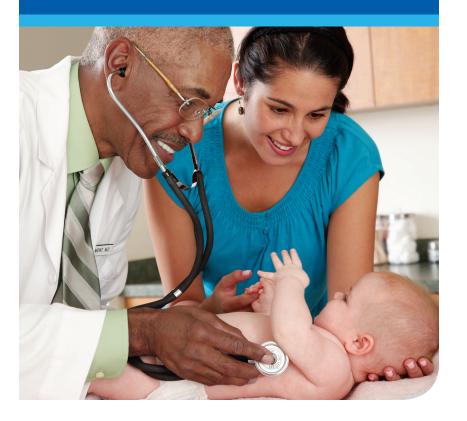
We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free member phone number listed on your health plan member ID card, TTY 711, Monday through Friday, 7:00 a.m. to 7:00 p.m.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-5785, TTY 711.

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-866-270-5785. TTY 711。



About Child Checkups and Immunizations







Disease protection.

Abbreviation or Medical Name of Shot

Disease the ShotProtects Against

Complications that shots prevent

Immunizations (shots).

- Prevent babies and children from getting very serious illnesses.
- Are recommended by experts at the Centers for Disease Control.

Keep track of shots.

- Get a special immunization record card or booklet. You can get these from your child's doctor.
- Bring it to each checkup. Ask the doctor to write down which shots were given and the date. Keep it in a safe place.
- ✓ FACT It is OKAY for babies to have more than one shot at a time.
- ✓ FACT Breast milk does NOT protect babies from getting these diseases. All babies should get their shots.
- ✓ FACT If your child misses getting a shot they DON'T have to get all the shots over again. Make an appointment with the doctor as soon as possible. They will make a new schedule.
- √ FACT Stay up-to-date on your child's shots by going to ALL their doctor checkups. There will be up to 10 checkups before they are 2 years old.

Varicella	Chickenpox	Infected blisters, brain swelling, pneumonia, death
DTaP	Diphtheria Tetanus Pertussis (whooping cough)	Diphtheria: Breathing problems, paralysis, death Tetanus: Lockjaw, problems breathing, death Pertussis: Pneumonia, death
Hib	Haemophilus influenzae type b	Infection of the covering of the brain and spinal cord, breathing problems, death
НерА	Hepatitis A	Liver failure
НерВ	Hepatitis B	Liver infection, failure or cancer
Flu	Influenza	Pneumonia
MMR	Measles Mumps Rubella	Measles: Brain swelling, pneumonia, death Mumps: Infection of the covering of the brain and spinal cord, deafness Rubella: Very serious for pregnant women-can lead to stillbirth, premature birth and birth defects
IPV	Polio	Paralysis, death
PCV	Pneumococcus	Infection of the covering of the brain and spinal cord, blood infection, death
RV	Rotavirus	Severe diarrhea, dehydration