# Behavioral Health Provider Lookup Guide

This document will guide you through the step-by-step process on how to find a Behavioral Health Provider in our online directory.



### **Behavioral Health Provider Lookup Tool**



### Step 1:

Visit myuhc.com/CommunityPlan, scroll down and click on "Find a Doctor".



#### Step 2:

Select New Jersey as the state.



#### Step 3:

Select the plan of your choice.



#### Step 4:

Scroll down and click on the Mental Health Directory.



#### Step 5:

Confirm zip code, click Search.



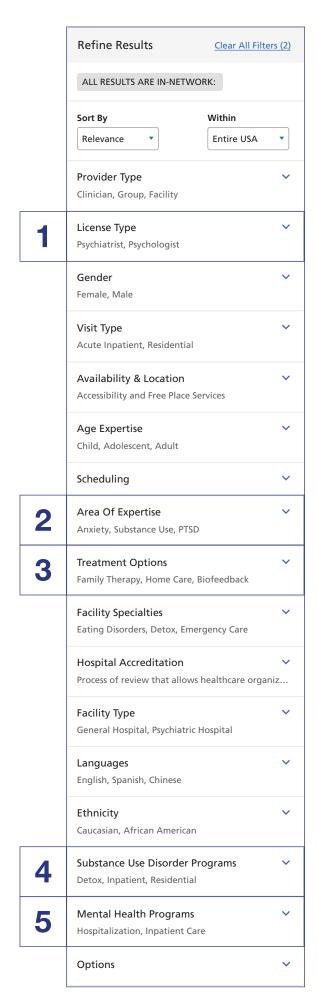
#### Step 6:

Use the chart below to help find the specific provider type you are looking for:



## **Behavioral Health Provider Lookup Tool**

Find under this filter		If you are searching for:
1	License Type	Nurse Masters Level
		Psychologist
		Psychiatrist (Physician)
		Licensed Therapist
2	Area of Expertise	Outpatient Mental Health Hospital Clinic
		Outpatient Mental Health Independent Clinic
		Substance Use Disorder Outpatient (OP) ASAM 1
3	Treatment Options	Opioid Treatment Services (Methadone Maintenance)
		Adult Mental Health Rehabilitation (AMHR)
		Medication Monitoring
		Opioid Treatment Services (Non -Methadone Maintenance)
		Partial Care Mental Health
		Autism Treatment Services - Applied Behavioral Analysis (ABA)
		Autism Treatment Services - Developmental Relationship Based Intervention (DRBI)
		Medication Assisted Treatment in Physician Office (w/ Navigator)
		Medication Assisted Treatment in Physician Office (w/o Navigator)
		Neuropsychological Testing
4	Substance Use Disorder Programs	Substance Use Disorder Intensive Outpatient (IOP) ASAM 2.1
		Substance Use Disorder Long Term Residential (LTR) ASAM 3.5
		Substance Use Disorder Partial Care (PC) ASAM 2.5
		Substance Use Disorder Short Term Residential (STR) ASAM 3.7
		Ambulatory withdrawal management with extended on-site monitoring/Ambulatory Detoxification ASAM 2-WM
		Inpatient Medical Detox/Medically Managed Inpatient Withdrawal Management (hospital) ASAM 4-WM
		Non-Medical Detoxification/Non-Hospital based withdrawal management ASAM 3.7-WM
5	Mental Health Programs	Inpatient Psychiatric Hospital Care
		Acute Partial Hospitalization Mental Health/Psychiatric Partial Hospitalization



**Tip:** You can use the Search Filters option to help narrow down your filters.

## What to do if you can't find a Behavioral Health provider?

For members, call Member Services at **1-800-941-4647**, TTY **711**. For providers, call **1-888-362-3368**. Or visit **myuhc.com/CommunityPlan**.

